

SPA MENU

Monumenti Moments

Surrender to a monumental experience and enjoy moments of luxury through treatments based on natural oils. In the expert hands of our team, restore balance to your body and mind.

FACIAL CARE

Hydraglow Facial

60 min / 120 €

An intensive hydrating facial that refreshes the skin, improves elasticity and leaves the complexion radiant and revitalized.

Skin Harmony Facial

90 min / 180 €

A treatment combining lymphatic drainage and targeted techniques to detoxify and stimulate natural skin regeneration.

Timeless Lift Facial

90 min / 210 €

A luxurious lifting ritual that improves tone, stimulates skin renewal and delivers a powerful anti-aging effect.



BODY CARE

Monumenti Ritual for Him

90 min / 120 €

A ritual designed for men seeking relaxation and renewed energy. Includes a full-body massage and refreshing facial care.

Monumenti Ritual for Her

90 min / 120 €

A warm oil massage that relaxes the body, followed by luxurious facial care with exfoliation and mask.

Velvet Skin Body Ritual

90 min / 180 €

An intensive hydrating ritual that stimulates collagen synthesis, leaving the skin firm, smooth and silky.

Face & Body Glow Ritual

120 min / 240 €

The ritual begins with a body exfoliation for velvety smooth skin, followed by massage techniques that relax body and mind, finishing with a nourishing facial mask for youthful glow.

MASSAGES

Signature massage by Monumenti

75 min / 115 €

A warm oil massage that regenerates the body and brings complete balance, ending with scalp massage and facial drainage.

Medical Massage

60 min / 95 €

A therapeutic treatment focused on reducing tension, improving circulation and restoring muscle function.



Deep Tissue Massage

50 min / 85 €

A deep, precise pressure technique targeting deeper muscle layers to release tension and improve mobility.

Monumenti Hot & Cold Massage

45 min / 75 €

Back and leg massage using multiple techniques, finished with alternating hot and cold compresses to stimulate circulation and detoxification.

Back Massage

30 min / 65 €

Slow, deep movements to relax back muscles and release tension.

Foot Massage

20 min / 45 €

A reflex massage promoting relaxation and overall regeneration.

Head Massage

20 min / 45 €

A soothing head massage that releases stress and brings immediate calm.

HAND & FOOT CARE**Spa Manicure by Monumenti**

45 min / 45 €

Spa Pedicure by Monumenti

45 min / 45 €

ADDITIONAL OPTIONS**Nail polish**

15 min / 10 €

UV gel polish

15 min / 15 €



PRIVATE SPA

Private Spa Room for Two

2 hours / 150 €

Enjoy the privacy of a Finnish sauna,
experience shower and jacuzzi – perfect
for couples or special occasions.

SPA ZONA

Spa Zone Access

3 hours / 45 €

Finnish sauna, Steam sauna,
Experience showers, Salt wall,
Indoor heated pool, Jacuzzi,
Fitness area

Towel, bathrobe and slippers included.

For guests aged 16 and above.

Advance reservation required.

Monumenti Heritage Hotel & Resort
Ulica Vallelunga 89, HR-52100 Pula/Pola
info@hotelmonumenti.com

